



Yoga Is Samadhi

YOGA VIDYA MANDIRAM

YA ID 242816

500-HOUR MULTI-STYLE YOGA TEACHER TRAINING COURSE



लोकाः समस्ता सुखिनो भवन्तु ॥
Lokah samastah, sukhino bhavantu
May all beings everywhere be happy and free.



THIS IS TO CERTIFY THAT

Manu Maheshwari

Has successfully completed the residential 500-Hour Multi-style Yoga Teacher Training Course at

YOGA VIDYA MANDIRAM

In Rishikesh, India from **July 2, 2018** to **August 11, 2018**



Jagjeet Singh

Jagjeet Singh

Yoga TTC Director, E-RYT 500